Temperance

2 Pet. 1:5
Introduction

• 1 Tim. 2:4
• God wants all men to be saved!
• But we must add the Christian graces to have a well rounded Christian character
Introduction

- Temperance = moderation; self restraint; self-control
- “It denotes self-government, discipline, the ability of one to control his own life” Woods
Introduction

• “The ability to take a grip of one’s self” Barclay
• 2 Pet. 1:6 “to knowledge self-control, to self-control perseverance, to perseverance godliness,” NKJV

Temperance---Self-control
Some Examples Of A Lack Of Self Control

- Eve
- Achan
- David and Bathsheba
Some Examples Of Self Control

- Joseph
- Daniel and his companions
- Daniel 1:8
Where We Must Practice Self Control

- In things that are useful and good—eating, drinking, pleasure, working, sleeping etc.
- Abstain from all things sinful—lying, gambling, stealing, cheating etc. – 1 Th. 5:22
Where We Must Practice Self Control

- We must control our temper
- Prov. 14:29; 16:32
- We must control our tongue
- Js. 1:26
Why Should We Practice Self-Control?

• Prov. 25:28
• For the good of others
• Christ practiced self-control and self-denial for us
• Phil. 2:5-8

Temperance---Self-control
Why Should We Practice Self-Control?

- Practice it for our own good
- 1 Cor. 9:25
- 1 Cor. 9:27
- Gal. 5:22-23
- 2 Pet. 1:11

Temperance---Self-control
Conclusion

- We must practice self-control in order to get to heaven
- Self-control is something we must work at daily—with diligence and determination
Paul - A Great Example

1 Cor. 9:25-27

Temperance --- Self-control
Self-control Compared To Crucifixion

- Gal. 5:24
- Col. 3:5
- Christians must decide once for all that their lives will be controlled by Christ & not by sin
- Lk. 9:23 - DAILY SELF DENIAL

Temperance --- Self-control
Spiritual Surgery

- Mt. 5:29
- Sin originates in the lustful mind—and He uses a figure here to describe what we must do

Temperance—Self-control